

## Classes

### Advanced ECG Class

Wednesday | July 26 | 8:00 a.m. to 12:00 p.m. | \$30  
For nursing personnel who need to learn or renew skills in advanced dysrhythmia recognition. To register call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Basic TB and Skin Test Course

Thursday | July 13 | 8:00 to 10:00 a.m. & 1:00 to 3:00 p.m.  
To register and for more information call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

### Childbirth Education Class

Thursday | July 13 | 6:00 to 9:00 p.m.  
To register call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Diabetes Education Classes

By appointment only. For fee information or to register call 812-537-8323 or email [education@dch.org](mailto:education@dch.org)

### Online Cardiopulmonary Resuscitation (CPR) Class

Please call for class times and dates | \$20  
To register call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease.  
Participation requires a physician's order.  
For fee information or to register call 812-532-2614

## Support Groups

### Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | July 18 | 7:00 p.m.  
For those with Alzheimer's and their families.  
For information call Karen Brandt at 888-422-2691

### Breast Cancer Support Group

Thursday | July 20 | 7:00 to 9:00 p.m.  
For those with breast cancer and their families.  
For information call Jan Tyler at 812-926-3927

### Parkinson's Disease Support Group

Monday | July 10 | 5:30 to 7:00 p.m.  
For those with Parkinson's and their caregivers.  
For information call Mary Beth Howard at 513-918-1440

### Stroke Support Group

Thursday | July 6 | 6:00 to 7:00 p.m.  
For information call 812-537-8208  
Participants will have time to socialize, express concerns, share coping strategies and celebrate milestones.

## Events

### Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

### Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

### Second Wednesday of the month

11:00 a.m. | Moores Hill Senior Center (SNAC)

### Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

### Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

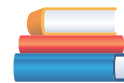
### Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call 812-537-8192 or 800-676-5428

### Collective Goods

(Formerly Books Are Fun)



Thursday | July 13 | 10:00 a.m. to 4:00 p.m.

Friday | July 14 | 8:00 a.m. to 2:00 p.m.

A percentage of all sales will go to the DCH Auxiliary!

### Mark Your Calendars!

### Heart & Lung Health Walk/Run

(sponsored by DCH Cardiac & Pulmonary Rehab)

Saturday | September 30

More information to come.