

Classes

Breast-Feeding Class

Thursday | June 22 | 6:00 to 7:30 p.m.
To register call 812-537-8431 or email education@dch.org

Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

Childbirth Education Class

Thursday | June 8 | 6:00 to 9:00 p.m.
or Saturday | June 17 | 9:00 a.m. to 12:00 p.m.
To register call 812-537-8431 or email education@dch.org

Diabetes Education Classes

By appointment only. For fee information or to register call 812-537-8323 or email education@dch.org

Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease. Participation requires a physician's order. For fee information or to register call 812-532-2614

Online Cardiopulmonary Resuscitation (CPR) Class

Please call for class times and dates | \$20
To register call 812-537-8431 or email education@dch.org

Weight Loss Program

Wednesdays | June 7 to June 28 | 5:30 to 7:30 p.m.
For fee information or to register call 812-537-8323 or email education@dch.org

Support Groups

Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | June 20 | 7:00 p.m.
For those with Alzheimer's and their families.
For information call Karen Brandt at 888-422-2691

Breast Cancer Support Group

Thursday | June 15 | 7:00 to 9:00 p.m.
For those with breast cancer and their families.
For information call Jan Tyler at 812-926-3927

Parkinson's Disease Support Group

Monday | June 12 | 5:30 to 7:00 p.m.
For those with Parkinson's and their caregivers.
For information call Mary Beth Howard at 513-918-1440

Stroke Support Group

Thursday | June 1 | 6:00 to 7:00 p.m.
For information call 812-537-8208
Participants will have time to socialize, express concerns, share coping strategies and celebrate milestones.

Events

Blood Pressure/Blood Sugar Clinics

Free blood pressure and blood sugar clinics at all locations.

First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)
11:00 a.m. | Dillsboro Village Apartments

Second Tuesday of the month

10:00 a.m. | Zion Lutheran Manor (Lawrenceburg)

Second Wednesday of the month

10:00 a.m. | Moores Hill Senior Center (SNAC)

Third Thursday of the month

10:15 a.m. | North Dearborn Village Apartments (SNAC)

Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call 812-537-8192 or 800-676-5428



Dearborn County Fair Baby Contest

DCH is the proud sponsor of the annual baby contest. Entry fees for the Baby Contest will be covered by the DCH Birthing Center.

Wednesday | June 21

- Dearborn County Fairgrounds
- Registration from 5:30 to 7:00 p.m.
- Contest starts promptly at 7:00 p.m.