

# SEPTEMBER EVENTS



2017

Health Made Better. Together.

## Classes

### Basic TB and Skin Test Course

Friday | September 1 | 8:00 to 10:00 a.m. & 1:00 to 3:00 p.m.  
To register or for more information, call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Breast Feeding Class

Thursday | September 14 | 6:00 to 7:30 p.m.  
To register, call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Cardiac Rehabilitation (Phase II) Class

For patients who are recovering from a heart attack, bypass surgery or other related cardiac incident or procedure. Participation requires a physician's order. For fee information or to register call 812-532-2614

### Childbirth Education Class

Saturday | September 16 | 9:00 a.m. to 12:00 p.m.  
To register, call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Diabetes Education Class

By appointment only. For fee information or to register call 812-537-8431 or email [education@dch.org](mailto:education@dch.org)

### Pulmonary Rehabilitation (Phase II) Class

For individuals with chronic lung disease. Participation requires a physician's order. For fee information or to register call 812-532-2614

## Support Groups

### Alzheimer's Support Group of Southeast Indiana, Inc.

Tuesday | September 19 | 7:00 to 8:00 p.m.  
For information, call Karen Brandt at 888-422-2691

### Breast Cancer Support Group

Thursday | September 21 | 7:00 to 9:00 p.m.  
For information, call Jan Tyler at 812-926-3927

### Grief Care Support Group

Mondays | September 11 to October 30 | 10:00 to 11:30 a.m.  
For those who have recently experienced the loss of a loved one. For information or to register, contact Debby Allen at 812-537-8259 or email at [dallen@dch.org](mailto:dallen@dch.org)

### Parkinson's Disease Support Group

Monday | September 11 | 5:30 to 7:00 p.m.  
For information call Mary Beth Howard at 513-918-1440

### Stroke Support Group

Thursday | September 7 | 6:00 to 7:00 p.m.  
For information, call 812-537-8208

## Events

### Blood Pressure/Blood Sugar Clinics

[Free blood pressure and blood sugar clinics at all locations.](#)

#### First Tuesday of the month

9:30 a.m. | Hoosier Boy Apartments Community Room (Rising Sun)  
11:00 a.m. | Dillsboro Village Apartments

#### Second Tuesday of the month

10:00 a.m. | Lutheran Manor (Lawrenceburg)

#### Second Wednesday of the month

10:00 a.m. | Moores Hill Senior Center (SNAC)

#### Third Thursday of the month

10:15 a.m. | North Dearborn Village (SNAC)

#### Fourth Tuesday of the month

10:00 a.m. | Switzerland County Senior Center (SNAC)

#### Fourth Thursday of the month

2:00 p.m. | Greendale Village Apartments

For information call 812-537-8192 or 800-676-5428

### Hoxworth Blood Drive at DCH

Thursday | September 7 | 8:30 a.m. to 3:00 p.m.  
DCH Conference Rooms  
Appointment: DCH Education - 812-537-8431  
Information: Hoxworth Blood Center - 800-265-1515

### DCH HEART & LUNG HEALTH

5K RUN 2017  
WALK

Saturday | September 30 | [DCH.org/walk](http://DCH.org/walk)

### Mark Your Calendars!

WOMEN'S  
HEALTH &  
WELLNESS EXPO 2017

Thursday | October 5 | [DCH.org/expo](http://DCH.org/expo)

Classes, meetings and events are held in the conference and education facilities at Dearborn County Hospital unless otherwise noted. Due to advance printing, not all events may be listed and the schedule is subject to change.